

Milton Village View

Est. 1991. Issue No. 107 – April 2013

www.mvv.org.uk

Country Park's 20th Anniversary

The Friends of Milton Country Park will be running a series of events this year to mark the park's 20th anniversary, starting with a talk on '*Climate change and local wildlife*' by Brian Eversham of the Wildlife Trust.



"Changes in local wildlife are among the first and strongest signals that the climate is changing. Seeing new species colonising our area is exciting, but also a warning that we need to mitigate the worst potential impacts, as well as adapt to the changes which are now inevitable. "

Brian's talk will be part of the Friends of Milton Country Park's AGM on Sunday 12th May. The afternoon will conclude with drinks to celebrate the Park's 20th anniversary. 2:30pm start. Non-members welcome, but if you're coming why not join the

Friends first, at www.miltoncountrypark.org/join.html?

Other events being planned during the year are a talk on Park photography by a local photographer, a children's craft session, an evening wildlife walk, and an astronomy evening to finish off in November.

Meanwhile, on Easter Sunday (31st March), come and join in the Friends of Milton Country Park **Easter Egg Trail**. We've hidden local organisations around the park for you to find their stalls. A mixture of demonstrations and displays, plus eggs for you to collect. Start between 2pm and 3pm from the Visitors Centre, £2.50 per Treasure Hunter. *Stephen Bennett*

Superfast Broadband

Cambridgeshire County Council has signed a contract with BT to bring better broadband to Cambridgeshire and Peterborough. The contract will build on the existing commercial fibre broadband network in the area, meaning that many more homes and businesses will be able to get superfast broadband, and no community will be left without better broadband access when the roll-out is complete.

The new broadband infrastructure will contribute towards the Connecting Cambridgeshire programme targets, so that superfast speeds of at least 24Mbps are available to more than 90 per cent of premises and a minimum of 2Mbps to virtually all premises over the next three years.

Combined with existing commercial broadband provision, completion of the roll-out under the contract will mean that 98 per cent of homes and businesses across the county can expect to have access to fibre-based broadband by the end of 2015.

Summer Fayre, Saturday 13th July

Coles Road Recreation Ground, 1:30pm–6pm, then Live Music until 10pm

The Summer Fayre promises to be a great afternoon and evening for all, with a host of stalls, food and entertainment lined up, plus we have great music from the ever-popular Melody Beats, Blue Hush (Jazz) and the Amazing Undercovers. All we need now to make the day perfect is the sunshine and your company.

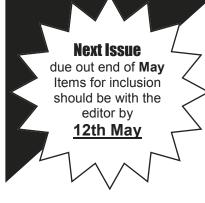
If you would like a stall at this year's Fayre, please fill in the **Booking Form on p.7** and return to Milton Community Centre. Additional booking forms are also available at the community centre.

If you could spare us half an hour of your time we would love some help on the day setting up, clearing away, or selling raffle tickets and programmes. We are also looking for new committee members to take over next year. If you are interested in helping or becoming a committee member please email us at miltonfayre@yahoo.co.uk or by contacting Lynda on 01223 862093.

Lynda Molloy



NEWS



Send us Your News

Please help us to keep the village informed by sending us your photographs and news. The best way to contact us is via email:

vv@miltonvillage.org.uk

Otherwise, send your articles to Mary-Ann Johnson, 1 Knights Way, Milton CB24 6DE. Deadlines for articles are:

> 12th January 12th March 12th May 1st September 1st November

Issues will be published approx. 2 weeks after the dates above.

Online Archive

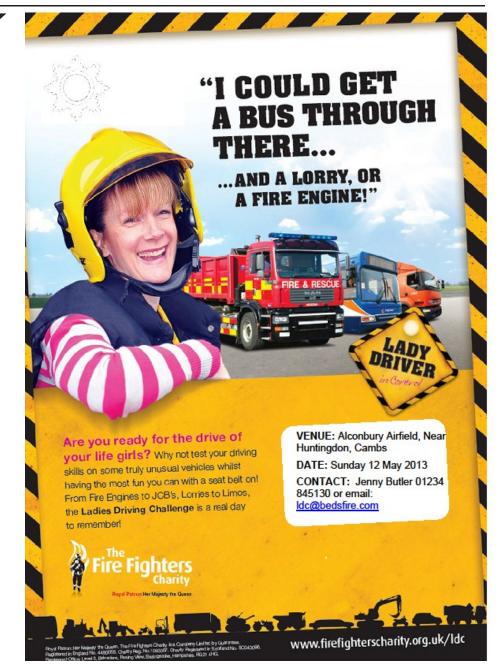
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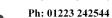
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2



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Visit: www.lovepilates.co.uk for full details and other classes held in the local area

NEWS

A Walk through Old Milton

In 2010 members of Milton Photographic Club got together with Jane Coston to show some villagers who have lived in Milton a long time some photographic slides of the village from the last century which Jane had acquired in the hope that the villagers could fill in the gaps on what the slides showed.

Stephen Bennett and Jane led the session; Clive Milner and Mike Roberts videoed the event and edited it into a video afterwards; and Clive produced a DVD which you can now watch online at www.milton.org.uk/opus2405.html.

Paul Oldham

Comberton Ramblers

Comberton Ramblers' Association walks an average of 5-6 miles every other Sunday morning, through our beautiful countryside. Please contact Eileen Marsh on 01223 262940 or visit : www.combertonramblers.org.uk

A fresh take on Asian takeaway dishes from Slimming World

It's possible to slim down while still enjoying all your favourite takeaway flavours, says Jill, who runs a Slimming World group in Milton. She explains that Slimming World's new recipe book, *A Taste of Asia*, shows slimmers how to swap their favourite dine-out dishes for healthier versions that are quick and easy to make at home, working with Slimming World's famous Food Optimising eating plan.

Slimming World Sweet and Sour Chicken (serves 4, ready in 30 minutes)



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Unit 8, Milton Trading Estate

Repair teams wage war on potholes

Ten road-patching and pothole-repair teams are now working across Cambridgeshire to fix winter damage to the county's roads.

The county council has identified an extra £90 million of funding for highway maintenance in the county over the next five years and the teams will concentrate their efforts on fixing the areas of minor damage patching and filling potholes.

County Council Cabinet Member for Community Infrastructure, Councillor Tony Orgee, said: "The council has committed substantial extra financial resources to highway maintenance including pothole repairs. By creating ten repair teams dedicated full-time to fixing potholes and minor damage to the roads, we hope to carry out any emergency or routine repairs as quickly as possible.

"I would urge the public to report any damage to the road surface as quickly as possible – we can only fix problem areas if we know about them. People can report a problem, preferably online at www.cambridgeshire.gov.uk/transport/roads/ reportingafault.htm which allows them to follow the progress of repairs to the damage they have reported, or via our telephone contact centre at 0345 045 5212."

The online Highways Fault Reporting System has been upgraded to provide:

- Easier data entry for the public
- Improved tracking so people reporting on-line can follow the progress of a repair
- The ability to enter a second fault without the need to re-enter personal/contact details
- Better system capacity to ensure fault reports do not fail
- Better on-line access to advice and information from the County Council's Contact Centre

low calorie cooking spray 800g skinless and boneless chicken thighs, sliced thinly 1 garlic clove, peeled and crushed

4 spring onions, thinly sliced, plus extra to garnish

1 green pepper and 1 red pepper, deseeded and cut into chunks 200g fresh pineapple, cut into bite-sized pieces Salt

for the sauce

- 1 tbsp white wine vinegar
- 6 tbsp light soy sauce
- 4 tbsp tomato purée
- 1 tbsp rice vinegar
- 6 tbsp unsweetened orange juice
- 100ml chicken stock
- 1-2 tsp sweetener

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1 level tbsp cornflour

Mix all the ingredients for the sauce in a bowl until the cornflour is thoroughly blended. Set aside.

Spray a wok or deep frying pan with low calorie cooking spray and place over a high heat. When it is very hot, add the chicken and stir-fry for 6-7 minutes until the chicken is cooked through.

Add the garlic, spring onions and peppers and stir-fry for 2 minutes.

Pour the sauce into the pan and stir continuously for 1 minute until it thickens. The chicken and vegetables should be well coated with the sauce.

Remove the pan from the heat, stir in the pineapple, season with salt and garnish with spring onions. Serve with lots of noodles.

SZVMBA Dance Fitness Classes 2013

Milton School, Humphries Way, Milton Tuesday Evening 7.20pm Zumba for all Come along for a FREE taster session

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Visit: www.lovepilates.co.uk/zumba for full details and other classes held in the local area

Rowing Lake Agreement Signed

The 220-acre water sports complex enjoy the areas around the lake including Cllr Nick Wright, South Cambridgeshire between Milton and Waterbeach has 100 acres of woodland which will link District Council's cabinet member for moved one step closer to becoming a reality after an agreement was completed by the developer, landowners and South Cambridgeshire District Council.

Planning permission for the estimated $\pounds 25$ million complex – which would be one of the country's largest purpose-built sports facilities and competition venues can now be formally issued by South Cambridgeshire District Council and developers have five years to get the project under way.

The promoters of the project have said that several million pounds of the estimated £25 million needed for the project has already been raised and fund raising is continuing.

The plans for 3.2km of quality water connected to the River Cam also include 2km long international standard competition course that will be at least 100m wide. There would also be a triathlon facility, a 3-mile long cycle circuit, BMX track and a lake stocked with fish for angling.

The agreement requires the area to be open to the public so they will be able to

into Milton Country Park.

Before the building works can begin, a raft of conditions relating to drainage, flood risk assessments, impact on the River Cam and land drains - which run adjacent to the planned lake - must be addressed.

Highway improvement and traffic management conditions are included to make sure nearby residents are not adversely affected during construction or after the centre gets up and running.

agreement also includes The а requirement for a forum to be set up involving parish, district and county councillors, to make sure nearby residents have the opportunity to air any concerns during development and after the opening.

residents will be pleased to know that the access for the Lakes and for construction vehicles is all from Car Dyke Road in There will only Waterbeach. be pedestrian and bike access from the Milton end. ".

planning and economic development, said:

"The agreement is a very significant step forward in this exciting project, which would have huge benefits and bring world-class facilities to the area. It is important to remember that there is still a way to go before the developers could carry out any work on site, as conditions are in place relating to flood risk assessments and drainage to make sure there isn't a knock-on effect for nearby villages. These must be fully addressed first."

Mick Woolhouse, executive director for Cambridge Sport Lakes Trust, who also manage the Country Park, said:

"This is hugely exciting news and an important milestone in the development of this fantastic project. There is no doubt Cllr Hazel Smith noted that "Milton that achieving this agreement will stand us all in good stead in our efforts to secure the completion of these worldclass facilities. The proposed facilities will have local, regional, national and internal significance and will bring both sporting and economic benefits."

Stay Independent, Safe and Well

Visitors to Histon Library will have the chance to find out about local services to help themselves and people they care for stay independent, safe and well when the 'Your Life, Your Choice' adult social care roadshow comes to the library between 28 May and 24 June 2013.

The roadshow features a display of information to help people remain in their own homes for as long as possible and, for those needing support, provides details of local services and support. The display will be available at the library during opening hours.

If you are unable to visit the roadshow, the 'Your Life, Your Choice' website www.yourlifeyourchoice.org.uk provides information about local services and support to help you stay independent, safe and well. You can also get help and advice by contacting adult social care enquiries at Cambridgeshire Direct on 0345 045 5202.

The roadshow is visiting a number of libraries during 2013. The full schedule is available on the Your Life, Your Choice website.



NEWS & PHOTOS

Scout News



Walking in North Wales

Milton Explorer Scouts (the 14-17 year olds) spent a cold weekend in February walking in North Wales. Thanks to the experience and knowledge of their leader they were able to find this beautiful, secret location where new members of the Unit were invested. Everybody had a great time and look forward to the next expedition.



Cambridge Half Marathon

On Sunday 10th March Milton Explorer Scouts (aka Milton Mudmuppet Explorers!) were invited to help with the Cambridge Half Marathon. On another bitterly cold day they arose early in order to be at the drinks station opposite Kings College by 8am. They were kept busy all morning opening water bottles and passing them to the runners as they went by: all 2400 runners passed by their station twice! Everybody was pleased to be able to assist with this charity event and hope they will be invited again next year

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Sergeant Tristan Johnstone, a member of 2524 (Oakington) Squadron, completed the flight as the final part of a Gliding Scholarship with the Air Training Corps. He completed hours of training under the supervision of the instructors of 616 Volunteer Gliding Squadron (VGS) at RAF Henlow before his instructor stepped out of the aircraft to send him solo.

Sergeant Johnstone said "My Gliding Scholarship course has been the best thing I have done in cadets. After touchdown of my solo flight it took a while for it to sink in exactly what I had completed and it was one of the best feelings I have ever had.". Cadets are able to apply for a Gliding Scholarship when they reach their 16th birthday. Sergeant Johnstone has been asked to join 616 VGS as a Staff Cadet where he will be able to continue his training towards becoming an instructor.

2524 (Oakington) Squadron meet on Tuesday and Thursday evenings. For more information about joining, visit www.2524atc.co.uk, call 01954 781180 (Tuesday and Thursday evenings) or email 2524@aircadets.org

David Williams, Commanding Officer, 2524 (Oakington) Squadron

Join the SCDC Business Register

South Cambridgeshire District Council is compiling a register of businesses in the area. Each business registered will gain access to a range of services from the Council's Business Support Team:

- Free attendance for up to two people at their range of business skills and networking seminars,
- Regular email updates, including tailored advice and information on:
 - Financing and funding opportunities
 - Contracts and tenders from the Council and its partners
 - Updates on key infrastructure or new developments
 - Support for businesses suffering for the economic downturn
 - Awards, competitions and local business news
- The opportunity to tell SCDC how they are doing in helping South Cambridgeshire's businesses thrive and grow, and to help shape their future services.

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6

Village Fayre Booking Form

The Village Fayre is on Saturday 13th July. A standard pitch is 4 metres wide, and you are allocated one table per pitch. Please state your requirements and we will try to accommodate you. The price for a pitch is as follows:

> Local Charity Stalls: £7 Village Non-Charitable Stalls: £15 Commercial Vans: £30

Should you wish to stay late with your stall please indicate on the booking form.

To assist us in clearing up after the Fayre please:

- + Return any tables (cleaned) to the side double doors of the Main Hall.
- Using the bin bag provided, place any rubbish in the skip by the garage.
- Please note, all stalls to be set up by 12:30pm.
- For health & safety reasons, no vehicles to be moved from the arena between 1pm and 6pm.

Comic Relief Run

Four Milton mums decided to "do something funny for money" and run 5km around Milton in fancy dress to raise money for Comic Relief. Here we are at the start of the run, raring to go!



We ran through the Country Park, along Fen Road, round The Rowans and popped into the pubs to collect money from the lunchtime crowd. Thanks to all who donated on the day and at my.rednoseday.com/sponsor/katearhel.

Please return this booking form no later than Friday 5th July 2013 to Milton Community Centre, Coles Road, Milton, Cambridge CB24 6BL. Cheques payable to <u>MILTON VILLAGE FAYRE.</u> (Please note that we cannot refund stalls that do not turn up on the day, or cancel their pitch.)		
Name of Group/or other (Caps):		
No. of pitches required: Type of stall/activity:		
Do you require a table (Chairs not provided)? Yes/No Staying Late? Yes/No Address:		
E-mail address: Telephone No: Signature:		

New Milton to Landbeach Dual-Use Cycle/Footpath

Preliminary work has started to construct a new £240,000 dualuse path for cyclists and pedestrians between Milton and Landbeach.

The new two-metre-wide path, set back a metre from the road, will help people get to the Cambridge Research Park on the A10 in one direction, while in the other direction it will help journeys for commuters to the Science Park area and provide a link to the wider cycle network in Cambridge. Construction work will begin on 2nd April, starting with the path between the cemetery and Landbeach, with work taking about 10 weeks.

The section between the cemetery and Milton will follow shortly after. Discussions are taking place about ways to improve safety at the junction with the A10 for pedestrians and cyclists who wish to cross. This may include narrowing the A10 to slow traffic and creating a staggered informal crossing point. A separate study is looking at improving the safety of right turns for motor traffic.

Our county councillor, Michael Williamson, said:

"This scheme will bring great benefits to the area and really open up cycling as an option to the residents of Landbeach. A safer crossing on the A10 is also essential to access the shops and facilities of Milton and Cambridge."



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ORGANISATIONS

MILTON W.I.

Bev Briggs came in *January* and enlightened us on how we can look smart without having a large wardrobe full of clothes: just have a few clothes in the colours and style that suit us and mix and match. Bev is an excellent speaker and is always well dressed demonstrating that she practises what she preaches. At our *February* meeting Margaret Rogers spoke to us about the emancipation of women: about the suffragettes and their struggle to get women the vote and eventual independence. This was an appropriate talk for the WI as the first national chairman of the WI was Lady Denman, a great supporter of the suffragette movement. *March* is our Annual Meeting with a reflexology demonstration; in *April* we are having a talk on musical instruments and in *May* we shall be shown what you can do with serviettes.

Any ladies who would like to know more about us please come along to any of our meetings as a visitor. You can also visit our website, thewimilton.blogspot.com. On the website you will be able to see lots of pictures of our Members enjoying themselves and link through to the County and National websites to find out more about the WI, the largest ladies organisation in the UK with 215,000 Members.

The WI has its own College in Marcham, near Abingdon, Oxfordshire. It is open to non-members and gentlemen and a wide variety of subjects are taught. A brochure is available from Jan Chessum on 01223 560813. and there is also a link from the Milton WI website to the Denman website.

We meet at the Church Hall on the third Tuesday in the month at 7.30p.m.(except the months of July and December when it is the second Tuesday). All Members and visitors are made very welcome. Please contact our President Gill Offley on 01223 293231 or our Secretary Bridget Crow on 01223 441755.

Jan Chessum

Saints

Sunday services

8am Holy Communion A quiet, reflective way to start the day

10.30am Morning Worship with Children's Groups

The 10:30am service is designed to cater for the whole church, from ages 0-100+. Refreshments served.

Evening Services Monthly programme—see website.

Midweek groups & events

Little Rainbows Toddler Group, Parents & Under 1s, Lunch Club, Mothers' Union, Stitchers' Club, Reading Group ...

For full details of all these and more please visit www.allsaintsmilton.org.uk

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Cambridgeshire Fire and Rescue Service: Spring Checklist

- Smoke alarms: ensure you have a smoke alarm on each floor of your home.
- Practise your Home Escape Plan if a fire were to occur at night.
- Ring 999 in the event of a fire: don't attempt to tackle it yourself.
- □ Instructions: read safety instructions for DIY tools carefully to avoid accidents.
- □ Never attempt complex DIY electrical wiring yourself.
- Get free home fire safety advice by logging on to www.cambsfire.gov.uk.
- □ Find out if you are eligible for a free home fire safety check: call 0800 9179994.
- □ Hoax calls to the emergency services are a criminal offence: we are asking residents, especially parents, to make young people aware of the consequences of making a hoax 999 call.
- □ For those thinking about becoming an on-call firefighter at a station in Cambridgeshire, there are open days on Monday, April 15, 7-9pm at St Ives Fire Station and Saturday, April 20, from 10am-3.30pm at March Fire Station.
- □ Like our fan page on Facebook by searching for Cambridgeshire Fire and Rescue, and follow us on Twitter @cambsfrs.

Milton Scout Group Minibus

For hire to non-profit community and voluntary groups (section 19 permit needed)

T: Rob - (01223) 860160 E: minibus@50thcambridgescouts.org W: www.50thcambridgescouts.org/minibus

Landbeach and Milton Baptist Church

Sunday Services10.30amFamily Service6pmEvening Worship

Midweek Home groups - Tues 7.30pm, Landbeach

- Thurs 10.30am, 143 Waterbeach Rd.

All are welcome to our small but friendly fellowship. Further details from Maureen Clark, tel 01954 250118

School Vouchers

Milton School would be delighted to accept any supermarket promotional vouchers from local residents such as the current Sainsbury's sports vouchers for schools: just drop them in to the school office. Thank you for your support.

STRIKE FIT

Fridays 1pm-2pm Milton Community Centre

also available 1 to 1 personal training

Contact : Alex Campbell Tel. 01223 862184 or 07746 122749 Email alex@alexercise.co.uk www.alexercise.co.uk

White Horse

Food: Larger choice of homemade Thai dishes and we are now specialising in a variety of homemade pies.

We have recently installed a bar billiards table to join the pool table in the public bar. Karaoke is now the second Friday in each month and there is a Cash bingo on Wednesday at 7.30pm. Thursday night is homemade Balti night from 5.30pm (plus full menu) with the Quiz at 9pm (free to play).

Easter weekend

Fri 29th March – Mon 1st April: children eat for £1 with every adult main course purchased. On Easter Sunday there will be an Easter Egg hunt for children at 3pm.

Many thanks,

Ava and Alan

Lion & Lamb

April

Psychic Supper, tickets £20 per person (including dinner) bookable in advance		
Soul Night with Andy Stearn & Chris Brown		
Ladies Dinner Club. Guest speaker: Jenny from Cambridge Superfoods		
We Love the 80's & 90's DISCO		
Ladies Dinner Club. Guest speaker: Claire from Ponders Travel		
Thurs 23rd-Mon 27th		
The 2nd Annual BEER FESTIVAL:		
24 real ales and ciders in the beer tent		
Hog Roast		
Live Band the Indietones		
Boogie nights with DJ Spanky		
Club night with DJ LYTY		

Tickets also available for our Newmarket Ladies Day pub outing on Thursday 11th July.

And finally, we are very proud to have just been awarded Cask Marque accreditation. We are delighted to be holders of this accolade, which is an award for the quality and condition of the real ales served at The Lion & Lamb.

Lawrence & Sally, www.lion-lamb.co.uk

This has been a fantastic year for us and we would like to say a massive thank you to all our customers for their support.

Our 'Restaurant Themed Nights' are always very popular: these are normally fully booked so early booking is recommended. Forthcoming Spring Restaurant Events include, 'Steak Night' on 17th April, a Fish Themed evening in the middle of May, and in June we will of course be celebrating Father's Day! More details of these events will be available soon.

Looking forward to the warmer weather coming? Enjoy sitting in the large front garden with a pint or two of Pegasus, Carlsberg or your favourite tipple! As ever you can contact us by phone on

01223 865895, or for details of up and coming events, ensuite accommodation, and restaurant menu(s) take a peek at www.jollybrewersmilton.co.uk.

Ruth Kivlin



Waggon & Horses

The bar has already undergone major redecoration taking the pub back to the 1930's (with a modern

twist). Our plans here are quite extensive and include an extension to the rear of the building to enable Milton to have a Steak & Seafood Restaurant, rebuilding the toilet facilities and creating a disabled toilet, and improving the garden to make safer access to it for those with small children.

We now have 14 beers available at the pump, including Duvel, Birra Moretti, and Bitburger. We have introduced our new menu (available 7 days a week), all prepared and cooked on the premises by our resident chef. On Tuesdays, we have a specialist Italian chef preparing freshly made pasta, pizza and desserts. Our curries and chillies are available any night of the week. Wednesday is poker night from 8pm, small stakes and a bit of fun. On Sundays we have a traditional farmhouse roast.

From March, we will be giving out loyalty cards to our valued customers. We have also recently sourced a range of award winning butchers sausages & burgers, as well as reintroducing our famous homemade proper chips.

On the last Saturday of each month we have a theme night (Rolling Back The Years: April is the 1950s, May is the 1940s): prizes will be awarded, dancing is optional and there are nibbles from the era later in the evening.

We have endeavoured to create a warm and friendly atmosphere for you to relax in, and look forward to seeing you.

Dave & Louise, www.waggonandhorsesmilton.co.uk



Jolly Brewers

From the Desk of the Parish Council Chairman

I would like to remind you of the quarterly Police Panel Meetings which are held at various locations in the area. All residents are welcome to attend these meetings and voice any concerns they have to the police authorities. The policing priorities for the next quarter are also set at these meetings. They are normally held on Tuesday evenings; upcoming meeting dates are: April 9th at Histon Pavilion; July 9th at Cottenham Village College; Oct 8th TBC. You can find out more about upcoming meetings, including agendas and crime stats, closer to the time on the Notice Board section of the parish council website (www.miltonvillage.org.uk). I also invite you to visit the new parish council Blog which has been set up as part of the website.

Your council made numerous comments on the latest round of consultations on the new South Cambridgeshire Local Plan, which will set out the planning policies and proposals to guide the development and use of land in the district for the period up to 2031. Once adopted, all planning applications will be assessed against the policies in the new Local Plan.



You may have seen work being done on the new shared use footway between Milton and Landbeach. The new footway will be 2 metres wide and where possible set back from the carriageway by 1 metre. Disruption to traffic will be kept to a minimum. The project will be in two stages. At present the new path is being constructed. The County Council will soon be looking into how pedestrians and cyclists will cross the A10. (See p.7 for more details — Ed)

You have probably seen in the news that the Section 106 Agreement for the Cambridge Sport Lakes has been signed. Of note, there are two stipulations should the project go ahead: first, the provision of a signal-controlled junction at the junction of the A10 and Car Dyke road, which will be the main entrance to the site; second, the inclusion of a 'forum' of one elected member of each of the Parish Councils of Milton, Landbeach and Waterbeach together with the local County Councillor which must be consulted on a list of issues to ensure that local views are taken into account.

I would like to thank Milton Charities for their generous grant of £2,000 towards the costs of our Community Care Scheme. Our warden Tracey Ebbon does fantastic work with elderly residents in the village who want to maintain their independence and live in their own homes.

Finally, your council voted to keep the village precept at the current level for 2013/14. We trust this will help residents and families in the current economic climate.

Richard Summerfield, Chairman Milton Parish Council

Below please find an updated list of your councillor contact details (for email addresses, please visit the website at miltonvillage.org.uk and click on 'Meet Your Parish Councillors'):

Parish Councillors

Richard Summerfield Chair	man 860715
Ian May Vice Chairman	521294
Alex Campbell	862184
David Chamberlin	861511
Jane Coston	563539
Mark Ellwood	860770
Rob Farrington	860160
Gary Heaney	690317
Jim Mowatt	861024
Michael Perkins	07769 665836
Ian Tyes	574394
Gail Wynne-Jones	423819
Sue Humphreys Clerk	861447

Parish & District Councillors

ark Hersom	07852 997771
azel Smith	860752

County Councillor Michael Williamson 860899

Body Blast

A new class, "Body Blast", is starting soon at the Community Centre on Tuesdays, 1-2pm. It lets you burn calories, tone up and have fun! It starts on April 16th for £5 a session. For more details, call 07986 340878 or email sarah.beaumont@hotmail.com

Sarah Beaumont



Milton in the Domesday Book

M Ha

We've just added to our Milton's History page (www.milton.org.uk/history/ index.html) a link to Milton's entry in the Domesday Book of 1086 taken from Open Domesday, the first free online copy of Domesday Book. It records that there were 36 households in what appears to have been known as "Middetone", comprising 10 villagers, 12 smallholders, 5 slaves, and 9 cottagers.

Also on the history page are several different histories of Milton of varying lengths, along with maps, photographs and links to related sites.

Paul Oldham



www.mvv.org.uk

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CrossFit Arrives in Milton



The "sport of fitness" has come to Milton with the opening of Cambridge CrossFit Stags & Does. Personal trainers and sports therapists Dino Sperling and Duncan Boltt have opened Milton's first CrossFit box on the Norman Industrial Estate (opposite Tesco).

"We chose Milton because not only is it a great location everyone has been very friendly" said Dino. "Lots of people here are very into fitness and we're meeting keen people all the time. CrossFit is for people who enjoy fitness and love a challenge

against themselves. People take pride in being a CrossFitter. Everyone achieves something new every week. The workouts are intense and varied constantly."

Duncan said: "Instruction and training are what sets CrossFit apart from ordinary gyms. On our foundation course we teach you functional movements, help you master them and then help you become powerful. CrossFitters get great all-around fitness results on three intense workouts a week. Every class has a qualified leader providing instruction and motivation so everyone is making progress at all times. There is a real sense of community in a CrossFit box."

If you would like to try a CrossFit taster session (Saturdays 9am, Monday 5pm) or find out more call Duncan on 07711534975, or email fran@crossfitstagsanddoes.co.uk. To find out more about CrossFit go to www.crossfitstagsanddoes.co.uk.

Elizabeth Cook

Stamp Out Leprosy

I would like to thank the residents of Milton, their friends, colleagues, and the schools, churches and businesses, for their generous response to my appeal for used postage stamps for The Leprosy Mission (TLM).

As a result in the last 3 months alone I have received, trimmed and dispatched 15kg of postage stamps, envelopes, cards and albums to the mission and received this latest personal reply:

"2012 was a year of British celebrations ...including for TLM Stamps and Collectables team ...our annual income reached £107,587 (£75k in 2011) ...which now totals over £1million raised from sales over the last 30 years ... used to transform lives in 12 African and Asian countries, Thank you very much for all you have sent, a wonderful selection of items. Please pass on our thanks to all concerned.'

TLM also take old notes, coins, post and cigarette cards, medals, matchboxes and other collectables in addition to ANY postage stamps, covers and old albums.

Well done, Milton! Keep up the good work and thank you.

Paul Mutimer, 54b Fen Road, CB24 6AD, (01223) 440674

PS Don't forget I'm also collecting haberdashery items for the poor of Romania through Mission to Europe.

Paul Mutimer

Wildlife Notes

I've just been woken up stupidly early by some quarrelling blackbirds in the garden. Although it doesn't feel at all like spring to me, especially after the freezing weather earlier in the week, I assume they know better and are trying to compete for territory and food.

The hedgehogs who visit our garden do not think it is spring vet. We have been putting out food and water (cat food in a dish, under a door on bricks to deter the local moggies) in case one comes along, but no signs yet. I've been reading some depressing news about hedgehogs: numbers in Britain are declining by 3-5% each year, with the loss most apparent in the Southern and Eastern regions of England, according to a ten-year trend analysis by People's Trust for Endangered Species (PTES).

Is there anything we can do to make Milton a place where hedgehogs, often known as the gardener's friend, can have a happy home? Hedgehogs will travel around a mile in a night looking for worms, insects, beetles and slugs, so if you have a hedgehog visiting your garden, it's probably the same one in your neighbour's garden, and at the other end of the street. Have a look at your fences - can you manage to cut a small hole or remove a brick at the very bottom of the wall? The ones that visit our garden can get under a 4" gap. If every house in Milton had a hedgehog accessible garden, perhaps we could be trailblazers for the rest of the country!

Heather Coleman

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Whist Drive

Community Centre, 4th Tuesday of every month, except August. 7.30pm £1.50 Mary Daniels

As this issue went to press we were saddened to hear that Mary Daniels had passed away. Mary was very well known in the village and would have been 92 next month

We will look back at Mary's life and contribution to Milton in the next issue. If you have memories of Mary that you would like to contribute please send them in by 12th May.

Charity Golf Day Ely City Golf Club, Cambridge Monday 8th July 2013

Camp@d

Calling a11 golfers of all ages a n d abilities, male

and female! The 13th Annual Campod Golf Challenge will be held on Monday 8th July 2013 at Ely City Golf Club, Cambridge. Join us for 18 holes in this Stableford Fours competition; play will be followed by a BBQ lunch and charity raffle. What better way to spend a summer's day?

To book a place please email Sue Griffin on seg37@cam.ac.uk or telephone 01223 333711. Team £170, individual £45.

Scrabble Charity Evening

The winner for 2012 was Michael English, with an average score of 356 points; runner up Michael Spooner (353 points); Sheila Badcock of Shelford, third with 350 points. The winner of the charity was Michael Spooner; his chosen charity was North Arbury Chapel.

Over the 23 years, we have had players from Histon, Girton, Newmarket, Cambridge, Cottenham, Waterbeach, Bar Hill, Bluntisham, Ely, Braintree.

We are sorry to say that, owing to old age problems, etc., the club in its present form has closed, but hopefully it will carry on with new leaders. Many thanks to everybody for their attendance & help with transport & friendship.

Mary Daniels

We are glad to say that the Scrabble Club certainly is continuing, on the second Friday of every month at 7.30 in All Saints Church Hall. Everyone who can play Scrabble is welcome and at £1 a week (including tea and biscuits), it's a bargain. Do ring 01223 440781 or email kmenglish55@msn.com if you are interested.

And a huge thank you to Mary for running the club so well for so long.

Michael and Kathy English

Milton Tennis Club

After 16 years as chairman and over 30 years with the tennis club, Roger Barham has resigned because of illhealth. All past and present tennis club members thank him for the work he has done for the club over the years and wish him well. At the recent AGM Barry Crick was voted in as the new chairman.

The first club night of 2013 will be on Wednesday 3rd April from 6pm. Membership forms and other details are available online at:

www.miltontennisclub.co.uk

Sue Griffin, Secretary

Milton Outdoor Bowls Club Open Day

Sunday 28th April, 2-4pm at the bowls green on Coles Road.

Come and experience the fun game of bowls. The only equipment you need is a flat pair of shoes or trainers.

Bowls are provided, along with tea and biscuits when you finish!

Contact Bob Waters on 860620 or Jim Daniels on 502194 if you have any queries.

Bob Waters

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