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Milton Village View

Issue No. 146 – Feb 2020

In This Issue...

- New MVV Editor Needed!
- Little Libraries for Milton
- Covid-19 Support Group

And much more!



Photo: Rebecca Ostler

Contact Us

Send us your news and photos:

mvv@milton.org.uk

Mary-Ann Johnson,
1 Knights Way, Milton, CB24 6DE

Deadlines for articles are:

12th January

12th March

12th May

1st September

1st November

Issues will be published approx.
3 weeks after the dates above.

Online Archive

Find back copies of Village View
(back to 1991) on our website:

www.mvv.org.uk

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Publisher's Notice

Whilst every effort is made to ensure accuracy the publisher accepts no responsibility for errors or omissions. Views and opinions expressed in the Village View are not necessarily those of the publisher or the editorial staff. The publisher does not accept any responsibility for claims made by advertisers.

Country Park Update

As per the government lockdown rules, we are open for local people to take exercise only.

Please follow the latest Government guidance.

Grounds Café is currently CLOSED in order to support the latest lockdown measures. We will post a reopening date as soon as we are able.

The car park, toilets and playground remain open.

All activities have been cancelled until further notice.

Campervan stays are not permitted at this time.

Fishing has been suspended until further notice.

We will be reviewing the advice and how the Park is being used in order to support efforts to contain virus spread. Please only come to the Park for reasons permitted by law.

Stay safe and well,
MCP / CSLT Team

www.miltoncountrypark.org



If you use our advertisers, please mention Village View. Thank you to our volunteer distributors.

Village View — New Editor Needed

After living in Milton for 17 years, we're moving away to be closer to family. I've been running Village View for 10 years, with my co-editor Paul and a great team of helpers and distributors. Paul also feels it's the right time for him to step down, so we're looking for new people to take on the village magazine and take it on its next steps. As I also help co-ordinate the village website (www.milton.org.uk) and the Community Facebook group, there are many opportunities for people to get involved in helping build community in and share information with the village.

Village View

You (one or more people) might choose to keep it in its current form, or to set off in an entirely new (bigger or smaller) direction - that's up to you. We already have 30+ deliverers covering the whole village, and Lucy does a great job overseeing the adverts, which fund the printing. The areas that need new owners are:



- Overall co-ordination / main email address for the magazine
- Editorial oversight of the content
- Page layout / co-ordination with printers
- Packing some of the delivery rounds
- "What's On in Milton" (online and in print) each summer - semi-automated via the website, then included in the September issue of Village View.
- Treasurer

Milton Online

Milton Online is the group that co-ordinates the village website and social media presence, including the Milton News and Milton Chat email lists. We have several people running the technical side of things, and a recently-created team writing the Milton News emails, which also get sent out on Facebook and Twitter. There's plenty of opportunity to get involved in updating or developing the website information, or you might want to try something else to share information with the village, such as QR codes, Instagram, or videos on TikTok.

Get in Touch

If you're interested in getting involved with any or all of the above, get in touch on mvv@milton.org.uk. If no-one steps up, the last issue of Village View will be May's issue.

Mary-Ann Johnson

Advent Windows

Each day in December, a new window in Milton was decorated for passers-by to enjoy, counting down the days to Christmas. The themes were all based around well-known Christmas carols. Here's a selection — how many did you get to see?



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15k Zero Carbon Grant for Milton

Milton Cycling Campaign has been awarded the maximum £15,000 grant from the South Cambridgeshire District Council Zero Carbon Communities scheme.

The Zero Carbon Communities grants are part of SDC's drive for the district to become net zero carbon by 2050. The grants have been given out to grass roots projects ranging from raising awareness and involving people in issues around carbon emissions, cycling, tree planting, lighting, food production, distribution and waste.

Milton Cycling Campaign is a group working to improve cycling and other travel links around Milton. It plans to use the award to work with local organisations to provide high quality cycle parking stands at key sites in the parish or on regular commuting routes for Milton residents, focusing on locations where racks will be used often and encouraging efforts to reduce routine car use in the parish.



Safe at Home?

During the first lockdown in the UK there were increases of over 50% in calls to the National Domestic Violence helpline, and locally in Cambridgeshire an 11% increase in high risk referrals, compared to 2019.

Anyone experiencing domestic abuse can call the National Domestic Abuse Helpline on 0808 2000 247. Cambridge Women's Aid also offers support to those living in South Cambridgeshire. Visit www.cambridgewa.org.uk or call 01223 361 214.

If you or someone else is in immediate danger, please call 999 and ask for the police. Silent calls will work if you are not safe to speak – use the Silent Solution system and call 999 and then press 55 when prompted. If you can't use a voice phone, you can register with the police text service - text REGISTER to 999 when it is safe, so you can text when needed.




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We need your old Laptop



We are working in partnership with **Milton C.of.E Primary School** to provide **refurbished laptops** to children who would otherwise be unable to learn effectively at home.

What we need from you

Your old laptop and power lead/charger, in good working order and sanitised. Ideally, with **Win 7, Win 8 or Win 10** installed.

What will we do?

Remove any data from your laptop and destroy the existing hard drive. Upgrade hardware and install software needed for homeschooling.

What other ways can you help

We need to **raise funds** to buy components such as new hard drives (which cost about £20 for each laptop donated).

To ask any questions or donate, please get in touch. **Thank you!**

Rick Moore

richardpmoore@hotmail.com

Charlie Drew

charliedrew@hotmail.com



Cambridge charity CAMMS Meals on Wheels has continued delivering hot, nutritious, two-course weekday lunches through all three lockdowns to residents of Milton and nearby areas, enabling them to live independently.

The DBS-checked drivers, wearing PPE and following strict COVID-19 measures, keep a 'watchful eye' out for customers, alerting relatives or emergency services depending on the concern.

If you or someone you know would benefit from this service, get in touch on 0 1 2 2 3 3 1 4 2 8 8 , email: cammsltduk@googlemail.com or go to www.cammsmealsonwheels.org.

Lynne Kindell



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All classes are currently being run online until further notice.

If you are interested in joining my online classes or hall classes then please contact me as follows:

Liz on 07768 155278
or liz.dolman@lovepilates.co.uk
NVQ Level 3 Pilates Instructor

Visit www.lovepilates.co.uk
for timetable of online classes.



Self-isolating? Need support?

The **Milton Covid-19 Support Group** has been running since March last year, to support people in the village during the Covid-19 (coronavirus) pandemic. If you are vulnerable (e.g. over 70s), ill or self-isolating, and you need support at this time, please:



call: **07933 550989** or email covidmilton@gmail.com

We can offer support in the following areas:

- a friendly phone call
- picking up medications
- dog walking
- grocery shopping
- posting mail

Please be ready to give us your name, address, contact number and what you need help with. We will try to put you in touch with a volunteer who can help you.



Milton Covid-19 Vaccinations Started

Milton Surgery has started our Covid-19 vaccination programme and are contacting patients in the priority groups first, including the over-80s and social care workers.

When it is the right time for you to receive the vaccine, we will contact you. This may be via text, phone call or letter.

Please do not contact us if you haven't received an invite yet. We are very busy at the moment, and doing so could prevent a patient who needs our help from getting through.

Sophie Ladds, Milton Surgery Practice Manager

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Dear friends and neighbours,

It's good to begin to see light at the end of the Covid tunnel; I'm sure we are all encouraged by the arrival of vaccines. I expect many of the older members of our community will have had their vaccination by the time you receive this copy of Village View.

It has been great to see the **Milton community coming together** to help one another over these past months, and one of my hopes for 2021 is that this will continue once the Covid crisis has passed. If you have been part of the volunteer effort, whether as part of an organised group, or simply being a good neighbour - thank you! You help to make this a brilliant community to live in.

Once again, we find ourselves unable to hold services and events in church, but we have, thanks to the wonders of technology, been able to provide regular worship on YouTube, either pre-recorded or livestreamed. If you haven't yet sampled these, you can find them all here: youtube.com/c/allsaintsmilton. There is a **service every week** available by first thing on Sunday, also **Praise and Pray** for very young children available mid-week. There are also Sunday groups on zoom for **Junior Church** (primary school age) and **Youth** (secondary school age). If you would like your child(ren) to be part of these groups, please email office@allsaintsmilton.org.uk for details.



I'm hoping that we can be back in church by Easter Sunday (3rd April), when we will have a great celebration of the Resurrection. This will take on a fresh significance this year, as our lives are in some ways reborn through the easing of Covid restrictions, and we have once again the freedom to be with family and friends, to travel, and to shop!



Of course, all this depends on the virus being brought under control, and the vaccine program succeeding. We can all play our part, by following the government rules and guidelines, and having the vaccination when it's offered to us. As I see it, these are selfless and community-minded acts: following the rules helps to slow the spread of the virus, protecting the most vulnerable (and the NHS), and having the vaccination increases immunity in the population. If you're not keen on having it because you don't think you're particularly at risk, please have it for everyone else's benefit. I've seen first hand the devastation this disease can bring, even to relatively young and fit people, so please do take this seriously, for all our sakes.

All Saints' Church can issue **vouchers for Cambridge Foodbank**, so if you are in real need at any time please call 01223 667368 and we will do our best to help you. **Waterbeach Food Hub** is another local source of help - you can find out more on facebook @waterbeachfoodhub. Don't forget the **Milton Covid-19 Support Group**, who can help with, among other things, shopping and prescription collection. Go to miltoncovid19.info or call 07933 550989 for more information.

We're trialling a **new community event, Milton Coffee and Chat**. This is on Zoom, each Wednesday morning from 11am to noon. You'll have to provide your own coffee! It would be great to be able to spend time together just for a chat and a catch up with friends and neighbours, especially if we are unable to get out much at the moment.

I'm hosting it, so I'll look forward to seeing you! You can access it online here: tinyurl.com/miltoncoffeechat, or by logging in to zoom with Meeting ID: 839 0593 3069 and Passcode: 494573. You can also **join in the conversation by phone**, by dialling in to the Coffee and Chat on this number: 0203 051 2874. This is a standard 02 geographic number, so will often be bundled in to your phone minutes either on your landline or mobile.

As I look around our community, I see **much to be hopeful about** - our volunteers, our children and young people, the community groups that are continuing to do their best to meet. It can sometimes be hard to be hopeful when we focus on the news, which inevitably tends to be depressing! Can I suggest that you ration your intake of news? I try to only read, watch or listen to the news once a day. It has certainly helped my mood, and I don't feel any less well informed. Give it a try - it might be an idea for a belated New Year resolution!

With my best wishes and prayers,  Rev David Chamberlin, Rector of Milton.

Milton Coffee and Chat

11am—12pm every Wednesday, starting 13th January

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An Update on Ekisa UK



Ekisa UK is a charity based in Milton, which supports children with additional needs and disabilities in Uganda. Milton residents may already know of the good work going on at Ekisa — the organisation works in Jinja, Uganda, with children who have additional needs and disabilities. Their goal is to see every child thrive in a loving family and accepting community. This is achieved through on-the-ground programs, including a special needs school, Ekisa Academy, a family support network and a small residential children's home. Recently Ekisa also expanded to provide a training and equipping programme so that they can share ideas and experience with other organisations across Uganda, Africa and even further afield. Although Ekisa UK are restricted to fundraising online at the moment, we continue to raise funds, and are particularly grateful to those of you who make regular donations to the cause.

Ekisa UK would like to thank our founder Michael English, who set up the charity five years ago, but has now stepped down as a Trustee. We are delighted to welcome Emily Henderson as our new Trustee. It was Emily who co founded Ekisa in Uganda and worked there until her return to Milton last year, so her joining us has given a real boost to our efforts.

Foodbank Donation Point

Some of you might remember we set up an additional Foodbank donation point on our drive during the first Lockdown. There is unprecedented demand on Foodbanks, so if you are shopping online or prefer not to linger in a supermarket, please just place your donations in the boxes half way down our drive (**West Manor, 57 Butt Lane**) between 10am and 5pm, and we will take them to the Foodbank collection point at Orwell House.

Thank you in anticipation. There was a great response from the village last time. Please give whatever you can afford.

Best Wishes, Lorraine and Mike Hannant

In December we had a very successful GoFundMe campaign and January we held an online Quiz. In April we plan another "Milton's Got Talent" show.

Ekisa UK has a brand new website, so do please take a look: www.ekisa.org.uk

Thanks again for all your continuing support. *Roger Lemon, Chair*
info@ekisa.org.uk



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to arrange a free no obligation visit



Little Libraries for Milton

The Milton Little Library, kindly built and donated by the Phoenix Trust, is now open for business on Coles Road! There is something for everyone, and turnover in the Children's section is especially brisk. Please only donate books that you genuinely think other people will like to read (this isn't a recycling center!) Only leave books if there is space in the library to do so, and please sanitise your hands before handling the books.



We have also expanded! There is now a temporary "Little Library Lockdown Branch", located outside 37 Butt Lane, just beyond the cut through to the Oaks/Elms. *Becky Munns*

From the Archives

25 Yrs Ago: Feb '96

Milton Netball Club Christmas Disco

A group of past and present members of the Milton Netball Club have been busy raising money for the Addenbrookes Hospital Cancer Ward, D9 since July which culminated at a local Christmas Disco in the Community Centre in memory of Diana Jones, a founder member of the club, altogether raising a magnificent total of £1,500 towards equipment for the patients.

Diana was a very well known local character who had great courage and terrific sense of humour and during her lifetime she played a large part in village activities. Over 200 people, many of whom were friends attended the disco to raise this wonderful sum of money. Thanks to all who helped organise the event, donated prizes, and spent money so freely on the night.

J Gray



Picture: courtesy of Simon Durrant

Milton Village Views Eclipse

People across Europe awoke to the spectacular sight of a partial solar eclipse on Tuesday, 4 January 2011. [...] Our very own Simon Durrant took the picture shown above at 08:35 at the railway crossing, Fen Road.

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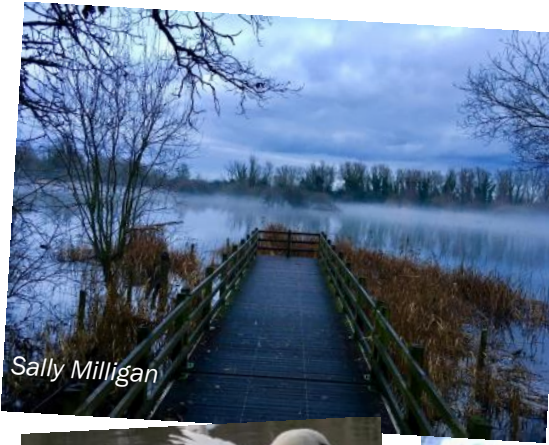


Jon & Lis Wheeler

Your Photos Could Be Here!

Photos taken in and around Milton always welcome – of places, people, events or just something that strikes you as beautiful. No lower or upper age limit!

Send them to mvv@milton.org.uk, and we'll include as many as we can.



Sally Milligan



Nikke Hawksley



Alison Hullyer



Dee Lee



Andy Chapman



Tina Barker



Heather Coleman



David May

Parish Council Chairman's Report

Recreation Grounds:

In my previous report I remarked that the community facilities and pitches that reopened in September would have to close again for the month of November. They had since opened but have now mostly closed again as we moved into Tier 3 and higher restrictions. The outdoor play areas remain open but please follow the safety guidance on the notices at each site. Status updates occurring between newsletters will be posted on the MCC website www.miltonvillage.org.uk/milton-community-centre

Trees in the former Paddock:

Many thanks to the volunteers who helped plant the trees, and especial thanks to Adam Horne who spent several days organising and supporting the planting over a damp weekend. The orchard, with the mixture of wildlife-friendly and fruit trees provided by the Woodland Trust, should be worth a walk once established.



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Remembrance:

The usual gatherings at the War Memorial could not take place this year because of COVID-19 restrictions. A wreath was laid on behalf of the village on Remembrance Sunday, followed by a one from Parish Council on Remembrance Day.

Parish Council:

The Parish Council continue to meet online, and the office remains closed to the public except for the most urgent appointments that cannot be handled by phone or mail.

Council received a proposal that the payphone on Coles Road be decommissioned and adopted by the Council. Council objected as it is the only public phone in the village and as such BT has a responsibility to maintain it. It has been confirmed that the service will continue.

The consultation on double yellow lines for The Rowans and Fen Road was completed with a significant majority of respondents in favour of the proposed schemes. We are awaiting further information on possible implementation and costs.

Please check the website for additional information between newsletters - www.miltonvillage.org.uk

Recycling Centre Remains Open

All Household Recycling Centres remain open as usual during lockdown. Please book a timeslot to visit. Changes may be necessary at short notice due to the changing Covid-19 situation, so please check our website for current information before leaving home.

There is significantly reduced capacity at our Centres due to social distancing measures we have put in place. Please help us by avoiding unnecessary visits and considering the following alternative options before travelling:

- Store items at home
- Use retailer take-back services or make your old items available for immediate re-use via online platforms.
- Check the Reuse Network website (reuse-network.org.uk) to see if there are alternative options available.
- Use a privately registered waste collection company. There will be cost if you do this.

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Milton WI

What a difference a year makes! We haven't met in the Church Hall for 10 months or so, but have kept our membership 'alive' with various online activities and via Zoom. We have delivered a 'Meeting in a Bag' to members which contained a selection of items including tea and biscuits!

Milton WI celebrated its 95th birthday shortly before Christmas, and we combined this celebration with a Zoom Christmas Party: one of our members gave a very funny talk on her travels from around the world; another organised a quiz; another an online raffle; and we closed with singing Christmas carols.

We are endeavouring to arrange monthly Zoom meetings, hopefully with speakers, and we have an active WhatsApp link for our members who wish to join in. Perhaps by late spring, we'll be walking, bowling, arranging outings and seeing each other once again in the Church Hall.

We send best wishes to everyone in the village for a healthy and happy 2021. If you would like information on Milton WI, please contact our President Gill Offley on 01223 293231. *Anne Newman*

Milton Scouting

We have come through a year that has been filled with uncertainty and setbacks, but our Scouts and Leaders have risen to the challenge and we are proud to say that Scouting has continued within Milton.



2020 was filled with exciting online meetings and activities, with everything from challenge evenings, quizzes to baking a Yule log! We've also

been able to continue to complete the all important badge work via online sessions. One of this years highlights for Cubs was the online bird of prey session.

We would like to thank Parents and Leaders for all of your efforts and dedication to the group throughout 2020.

As we move into 2021, we look forward to continuing our online meetings and still having fun through a variety of activities.

If you're interested in getting involved then please do let us know by emailing gsl@50thcambridgescouts.org, we'd love to hear from you.

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A Happy New Year from Phoenix!

We would like to thank the wonderful residents of Milton, who showed such support for us last year. It has been truly heart-warming. Our Christmas trees and festive wares helped us to end 2020 on a high, and it is going to be a difficult task judging the best-dressed tree, with so many fantastic entries.



We couldn't have our usual Christmas lunch, so instead our Kitchen Manager, Alie, ably aided by co-workers and volunteers, produced an alternative Christmas feast on four successive days! Despite the obvious challenges, there have been many positives and one of our undoubted recent highlights was being



asked to make a small community library, which is already being well used – it can be found in Coles Road.

As an essential service, we are open during lockdown to our co-workers, who are still making concrete paving slabs and wooden products. Although currently closed to the public, we can take orders and arrange deliveries, so do get in touch by phone or email to

discuss your requirements. Outside

of our usual stock items, our talented carpenter, Woody, loves the challenge of a bespoke order.

Do keep an eye on our website: www.phoenixtrust.org, or Facebook: Phoenix Trust Milton, for updates and news, and email: info@phoenixtrust.org with any product enquiries, or ring us: 01223 420669

Milton Summer Fayre

Milton Summer Fayre is back: save the date!!
Saturday 10th July 2021

We are working hard to make the Fayre happen and we will be following government guidance to make sure that the event is run safely. We have created a questionnaire (scan the QR code, below, or visit www.miltonvillage.org.uk/milton-community-centre/milton-village-fayre) to see how people feel about the Fayre going ahead and what you might like to happen. The deadline for completing the survey is **Monday 15th February.**

Keep an eye on our social media pages for updates!



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The Waggon and Horses has reopened for Takeaways!

Sadly due to covid-19 we have been closed since November 5th. This last year has been very difficult for all of us and I would like to thank everyone supporting local businesses where they can. We hope that soon many local businesses will be able to reopen and start working toward a more relatable/normal service.

We have reopened our kitchen with an increased offering. Please visit our website or social media pages for more information. We are open Thursday-Sunday 17:00-21:30. Our offering includes burgers, pizzas, sides and desserts (including our very popular Churros!) We also offer delivery in a numbers of locations - all local areas covered and more. Ordering can be done via our website or our new platform, Just-Eat!

Please if you place an order via Just-Eat, leave us a review or give us a call/DM on Facebook or Instagram to let us know how you found our service! Finally, once again, thank you and I hope we will have our doors open once again, to meet and greet everyone like the good old days!!

Thank You,

George, George@waggonandhorsesmilton.co.uk

White Horse

Tel: 01223 860327

www.facebook.com/whitehorsemilton

We were all hoping that we would be welcoming in a better year than we have just been through, but unfortunately the current Government restrictions are tighter than before and we are no longer allowed to sell takeaway alcohol. We will therefore be closed for the foreseeable future and all our staff are on furlough, but we plan to re-open as soon as we are allowed. When we do open we shall be continuing to serve breakfast, with coffee and cakes, from 10am so we look forward to seeing you then.

Meanwhile we thank you for your support during this difficult period; we hope you all had a happy (if dry!) New Year. We miss you all; keep safe and well and we hope that as more people get vaccinated we can look forward to a better 2021 and returning back to normal opening before too long.

With best wishes to all,

Ava, Alan and Adam

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HAPPY NEW YEAR everyone – we hope you are continuing to stay healthy, safe and well. 2020 was certainly a challenging year. But, with the incredible support from you all - our amazing community - we stride in to 2021 with the determination to be here, for all of our loyal friends and customers, when this is all over.

Although Christmas definitely wasn't the same, we were so pleased to still be able to bring you our Carols under the Tree which is always such an important event for us. However, all thanks for that must go to the amazing Milton Carollers and particularly Nat Johnson, for setting up our first ever Virtual Carols and broadcasting live on Facebook in place of the normal festive gathering in our car park under the



Tree. To date the video has been viewed an incredible 3,206 times and from as far away as New Zealand, America and Turkey! We certainly would have a job on our hands to provide mince pies and mulled wine for that many if we had everyone at the pub!

For the time being, until we are able to return to any type on opening on site, we continue to operate our TAKEAWAY and DELIVERY service. Our opening hours are currently Wednesday to Saturday 5-9pm and Sunday 12-4pm. We offer 10% discount on collections. Alternatively you can book a DELIVERY - to Milton this is £3, for local villages £5, for orders over £20.

Our menu can be found at www.lionandlambmilton.co.uk/takeaways/. To book your takeaway, email bookings@lion-lamb.co.uk, call 01223 860202 or book on JUST EAT PLEASE support local - use us or lose us!

And until we can see you again - THANK YOU and STAY SAFE.

Lawrence & Sally

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Ask Alexa About Bin Collections

For those with Amazon Alexa devices in their homes, I've just published a new skill to allow you to ask Alexa for information about bin collections. You can find it at amzn.to/3bKlxcx



The simplest way to use it is just "Alexa, launch bin collections" but you can ask it more specific questions like "Alexa, ask bin collections when is the next green bin", or "Alexa, ask bin collections when is the next plastic collection".

It does require you to give consent for the skill to read your address from the device (because it needs your postcode and house number to look up your bin collection schedule).

There are a few different things it can end up saying, depending on the situation. If you're curious, I've made the source code available at github.com/milton-online/alexa-scdc-bin-collections



Tim Cutts

Milton Authors

Local authors, Kathy and Mike English, each have a story in the short story compilation *Mountain*, published by Cambridge Writers. This joins Kathy's novel *A Change Of Nuisances* and Mike's novels, *Joe Banana's Last Hurrah* and *Christmas In Danger*, the latter for children aged 9+. All titles are available from Amazon in both Kindle and paperback formats.

Slimming World

Find the recipe for White Bean Shakshuka, a spicy delight suitable for breakfast, brunch or lunch and more than 60 other recipes in Slimming World's *Take 5, Second Helpings* recipe book or watch the free video at youtu.be/zZzB62PGtgs

For other indulgent recipes or information about your local Slimming World group contact Jill on 07902 925564.



Photo: Gareth Morgans

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Wildlife Notes

As I write this the second weekend of January we're in deep lockdown again. So to make life and your local patch less boring, this is the time to look out for both winter sights and signs of spring when you're out getting your exercise, given there's nothing else to do.

Robins sing through the winter as well as in the spring as they defend, often viciously, a territory. There are plenty in the Country Park but also all around the village. You may also hear them sing at night as they respond to street lighting. The song thrushes also start singing well before spring; I could hear one before Christmas, and during a walk in the Country Park yesterday it can't have been the same individual all over the park so there is a decent population in Milton! My star sighting in the Park was a pair of bullfinches pecking at buds in some tallish trees to the north of Deep Pool. I've seen this lovely but rare species there before so made a point of stopping and looking closely.

I noticed more blackbirds from November; although we think of these as all year round birds, the UK also gets migrants from continental Europe as our winters are milder as we have a maritime climate. Watch out for blackbirds stripping pyracanthas of their berries.

Other migratory thrushes are redwings and fieldfares which tend not to breed or be here in the summer but flood in during winter especially if it's very cold on the continent. I spotted quite a few redwings in the Country Park but you need to stop and look. The ones I saw were feasting on ivy berries but they also love hedgerows with hawthorn, blackthorn (sloes) and rose hips. Ivy is a great resource for birds; having an ivy thicket and some thick shrubs in your garden may be as good for the birds as putting out bird feeders. Now is a good time to buy and plant bare-rooted shrubs which are cheaper than ones that have been grown in a pot.

The water levels in all of Todd's and Dickerson's Pits and Deep Pool are very high indeed and the pond dipping platform at Hall's Pool is totally under water. One aquatic migrant we get a lot of in the Park is the wigeon. They seem to spend a lot of their time asleep on the far eastern, quieter side of Dickerson's Pit so it's worth taking binoculars to see them as well as the birds I've mentioned above. I think I also spotted one shoveller. Wigeon are related to gadwall which seem to be plentiful on the Pits year-round these days.

Heather Coleman



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Google Bosworth - Rescue Dog

*I was last in the line when Cherry and John
Decided to give me a home
They wanted to right such a terrible wrong
And were sad to see me alone*

*Many weeks went past and I was treated so well
Scars inside and out were still mending
When they let me off lead, I was free for a spell
The beach just seemed never ending*

*As I ran and I ran I remembered their voices
And how they had treated me kindly
We all live our lives and all make our choices
I slowed and I stopped running blindly*

*I stopped and I turned, to see where they were
I panicked and ran all the way
But they had both waited and they were still there
In their hearts they had hoped I would stay*

*I squeezed in between them, like a coat that is lined
And I stayed there, wedged as tight as can be
I finally knew that some humans are kind
And came to love them, as they had loved me.*



You can find more of these stories about Milton and Cambridge pets at amzn.to/355IF2H
Nikke Hawksley www.pet-rapport.com

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Wednesdays

11:15-12:15pm Strength & Balance with Sabrina

Thursdays

11:30-12:30pm Pilates with Ines

Fridays

11:15-12:15pm Chair-Based Yoga with Sabrina

Cost: £4 per session per person plus annual membership £15. First class free.

You will need:

- ✓ A laptop, PC or tablet
- ✓ A good internet connection since we use Zoom for classes
- ✓ An account with Forever Active Clubz
- ✓ Details available from enquiries@forever-active.org.uk or phone 07432 480105

Football Fun Factory

As soon as it is safe to do so, we will be offering free 3-week trials at the Football Fun Factory - Fun and Development sessions in Milton and Bottisham for ages 4-12.

Register your interest and give your child something to look forward to. Better times are coming: normality is on the horizon.

www.thefootballfunfactory.co.uk/freetrials



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Milton Tennis Club ladies keeping spirits up playing tennis in the freezing fog!

Photo: Sue Griffin



Fishing in the Country Park

As of March 14th 2021, fishing at Milton Country Park will no longer be managed by Cambridge Fish Preservation and Angling Society Ltd. The lakes at Milton Country Park will instead be managed by Cambridge Sport Lakes Trust.

The Park is keen to support regular, committed anglers so that they have an improved experience. The changes include:

- * Fishing will be members only: no day tickets.
- * Pike fishing is from October to March only.
- * Max three rods.

The Country Park will shortly add a dedicated fishing page to its web site with more information.

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