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Milton Village View

Issue No. 132 – March 2018

In This Issue...

- Two new Milton playgrounds
- Park & Ride – Free parking!
- Marathon fundraisers

And much more!

Photo: Becky Thorne

Contact Us

Send us your news and photos:

mvv@milton.org.uk

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Deadlines for articles are:

12th January

12th March

12th May

1st September

1st November

Issues will be published approx.
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www.mvv.org.uk

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£1 Park & Ride Fee Removed

Motorists will benefit from free parking at Cambridge's seven Park & Ride sites from 1st April.

The £1 parking fee is being removed to encourage more people to get out of their cars and use greener and more sustainable modes of transport to travel into Cambridge city centre.

There have been a number of improvements made at the sites in recent months to make it easier for people to access the bus services.

Almost 100 new cycle lockers have been installed to enable cyclists to securely store their bikes and hop on the bus to travel into the city, and further lockers will be installed in the coming months.

There is also no longer a need to queue at a machine for a travel ticket, as passengers can buy all their tickets from the bus driver - as all buses now accept contactless payments as well as cash.

The seven sites are those at Babraham Road, Madingley Road, Milton, Newmarket Road, Trumpington, Longstanton and St Ives.



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March

Thurs 29th Maundy Thursday Holy Communion, All Saints', 8pm

Fri 30th Messy Easter, All Saints', 10am
Hour at the Cross, All Saints', 2pm



April

Sun 1st Easter Celebration, All Saints', 10.30am

Mon 2nd Easter at Denny Abbey with Easter egg trail and willow weaving, 11am-4pm

Fri 6th Holiday camp: First Aid & Multi-Sports, from 9am (p.4)

Sun 8th Farmer Tom's Easter Special, College of West Anglia, £4, 10am-1pm (p.13)

Sat 14th Women's Day "Immanuel: God with Us", All Saints', £20/£15, 9am-4pm

Online booking: www.allsaintsmilton.org.uk

May

Sat 12th Farmer Tom's Lambing Special, College of West Anglia, £4, 10am-1pm (p.13)

18th-20th Waggon & Horses Beer Festival (p.18)

24th-28th Lion & Lamb Beer & Cider Festival (p.19)

Fri 25th Jolly Brewers 6th Birthday: Party night (p.19)



June

Sun 3rd Litter pick, meet at parish office (Coles Road) at 2pm (p.17)

Sat 16th Milton Gala Day, run by Cambridge Roundtable for EACH, Milton Hall

July

7th White Horse Garden Party (p.18)

More pub events: see pp.18-19.

Regular events: www.milton.org.uk/directory.html

Cambridge Gliding Centre Open Day

Come and visit Gransden Lodge Airfield to find out about the sport of gliding on Sunday 8th April from 10am - 5pm. All welcome. Trial flights with our qualified instructors available on a first-come, first-fly basis (subject to weather). Refreshments. Free admission, aircraft displays and talks about gliding. To fly in a glider you must be 13+ and weigh no more than 103Kg.



Airfield entrance on B1046 between Little Gransden & Longstowe, opposite Gransden Lodge Farm (enter SG19 3EB into your SatNav). More information: www.camgliding.uk or via Facebook: [tinyurl.com/cgc-2018-openday](https://www.facebook.com/tinyurl.com/cgc-2018-openday)

Something very EGGCITING and NEW for the Easter Holidays

Don't miss out! AG First Aid Training and SL Sport & Education will be hosting a fantastic activities day at the Milton Community Centre on 6th April for children aged 4 - 12 years, including a Junior First Aid Camp and Multi-Sports Camp.

The first aid camp runs from 9am - 12.30pm and is open to 4 - 11 year olds, only £12 per child. Children can stay on for the Multi-Sports Camp in the afternoon for an additional £5.

First Aid awareness is fast becoming something considered now for children to learn. Children can save lives! On the First Aid camp children will be introduced to the very basic concepts of first aid, what to do in an emergency and how to summon help. Children learn life skills that they can then take forward into school, at home and into society. Children have great fun through interactive activities, using resources which support learning.



The Multi-Sports programme covers a range of different activities, tasks and games developing children's confidence, self-esteem, team work & cooperation whilst keeping children actively fit and healthy through physical sports and use of equipment. With fully trained DBS education instructors on every camp, children will really enjoy the fun and enthusiastic atmosphere created.



For more information or booking, contact Amelia at agfirstaidtraining@btinternet.com, 07795 680 733 or Shane at info@slsportanded.co.uk, 07725 918 979.

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Apply for the A14 Community Fund

As part of the A14 redevelopment project, £400,000 has been put aside by Highways England for local projects linked to the A14 scheme. £110,000 has been allocated so far to 16 projects, from education to the environment, encouraging cycling and walking.

Grants of up to a maximum value of £10,000 are available to people living along the A14 in Cambridgeshire in a series of quarterly grant rounds until the end of the project in December 2020 or when all the money has been allocated – whichever comes soonest.

The A14 Community Fund is seeking to support projects working within a range of themes:

- Environmental improvement projects (e.g. community gardens, streetscape furniture, wildlife conservation, habitat creation, flood prevention)
- Projects to reduce vehicle use/promote cycling, walking and other non-motorised users
- Arts, culture & heritage projects (e.g. local art competitions, writers in residence, music and dance events)
- Community involvement projects
- Community safety projects
- Community health and wellbeing projects
- Leisure and tourism
- Projects to develop skills, education & employment support



As well as working within one of the themes for the Fund, projects must be able to define the link they have to the development work on the A14.

For more information about the fund and how to apply, go to the Cambridgeshire Community Foundation at www.cambscf.org.uk/A14.html

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School Run Parking

Dear Parents, Carers and Neighbours,

Over the last few months, many of you have written to our Headteacher, Mrs. Anna Reeder, to raise your concerns about dangerous parking and driving near the school and on the school site during the morning drop-off and afternoon pick-up. The Local Governing Body shares your concerns for the safety, not just of the children, but of all members of our community. It is clear that the situation is getting worse, despite periodic monitoring of parking by our Police Community Support Officer and numerous requests in the school newsletter for parents and carers to be more careful and considerate.

We have been advised that road safety outside the school grounds is a matter for the Local Authority, not the school. However, we acknowledge that there is a need for coordination and a point of contact to liaise with the Local Authority on the issue. We will be writing to Cambridgeshire County Council to make them fully aware of the situation and to ask them to review road safety in and around the school and to recommend appropriate measures that could be taken.

We have also consulted with external advisors, including the Road Safety Officer at Cambridgeshire County Council.

Two governors will lead a review of the School Travel Plan, looking at what more could be done to encourage car-less journeys to school. They will be assisted by the Cambridgeshire Road Safety Officer, allowing us to draw on experience of what has worked well in other schools.

We will keep you informed of progress. In the meantime, we would once again appeal to parents and carers to avoid travelling to and from school by car if at all possible. If you do use your car, please take advantage of the kind offer from both the **Lion & Lamb** and **White Horse** for **parents to use their car parks**. If you do genuinely need to use your car, please drive and park with due care for the safety of others.

Andrew Everitt, Chair of Governors (on behalf of the Local Governing Body)



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Milton Parish Council – Chairman's report

New Play Equipment for Coles Road Recreation Ground

We are pleased to announce that this summer will see the replacement of the play equipment outside the Milton Community Centre on Coles Road Recreation ground, some of which is over 30 years old. As well as a number of new small pieces including a trampoline, hill slide and see saw, younger children will enjoy role play in a fire engine climbing frame and older children will find an exciting climbing frame which consists of five towers connected by various different challenges.

Red Telephone Box

Some years ago there were two telephone boxes in the village – one was a new aluminium style and the other was the old red box. BT wanted to remove one box as two were no longer needed and we persuaded them to remove the newer phone box and leave the red one. BT have an obligation to keep the red box in working order and we have contacted them about the lack of a phone in the box and they are planning to replace it (the old one having apparently been removed by unknown persons).

Parish Council Vacancies

We are still looking for more people to join us. We have 11 main meetings a year and have a range of sub-committees and working groups who oversee various activities such as Community Care, Maintenance etc. If you would like to get involved we would very much like to hear from you.

Jane Coston, Chairman of Milton Parish Council

Parish Office 01223 861447 Email: clerk@miltonvillage.org.uk

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New Country Park Playground!

We are excited to announce that after a lot of hard work and fundraising we have finally reached our target for a much-needed new playground in the country park (see right)!

We have been thrilled by the support we've received from funders, local businesses and our many visitors. If you have contributed to our playground appeal we would like to thank you. If you would still like to support us we are keeping fundraising open online for those extras we couldn't add to the plan but would be great to achieve e.g. benches and landscaping.

You can view our plans, a full list of contributors, and donate online here:

www.miltoncountrypark.org/playground

As you know Milton Country Park is managed by Cambridge Sport Lakes Trust and receives no external funding. Winter is particularly difficult and has been made more so by a spate of vandalism which, amongst other things, finally took our car park machine out of action. Thank you to all of those who have given donations and passed on messages of support as a result of this. It makes all the difference to the work we can achieve at the park.

With our busy season quickly approaching we are now looking forward to an exciting summer, during which you will be able to enjoy the new playground, Grounds Café's lovely new refurbishment and plenty to get you outdoors with our busy sports, activities and events programme. Have a go at paddle boarding (from May 5th), canoeing, cycling (including You Can Bike Too, from April 8th), open water swimming (from April 20th), visit our pop-up outdoor cinema and theatres or enjoy a free family day of fun at our popular Parklife event on 1st July!

We look forward to seeing you in the park soon, MCP Team

You can find more information about all our events and activities on our website:

www.miltoncountrypark.org

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The playground includes a double zipwire, so you can race your friends!

Grounds Café Refurb

Grounds Café, previously Café Diem, has recently reopened with a stylish refurbishment (see below). Cosy up by our brand-new bio-bean log burner; we recycle our coffee waste and turn it into coffee logs! We are also very happy to offer a wide range of vegan and gluten-free options including gelato, cakes and soups.

Treat your furry friend with handmade dog ice cream and Grounds own dog biscuits. We have also have a mini café running in the summer near the playground. We are now on Facebook [@groundscafemilton](https://www.facebook.com/groundscafemilton): 'like' and follow to keep up to date with offers, new products and events!

Instagram [@groundscafe](https://www.instagram.com/groundscafe)



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From the Archives

25 Years Ago: Apr '93

After an interval of eight years, the Milton Scout Group in conjunction with the Guide Group staged their first Gang Show in the Community Centre.

Three performances were given including pop sketches and well sung production numbers, such as Invisible Dog, Presents and Rivals again.

A Fanshaw

10 Years Ago: Apr '08

I'm dreaming of a white... Easter?



MEET THE GANG



A few hardy souls braved the snow early on Easter morning for an Easter celebration service at 7am in the Country Park. We had a great time and then headed to the church hall to thaw out with tea and hot cross buns.

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Ofo Bikes Spotted in Milton!



Last April, the Ofo bike-sharing scheme was launched in Cambridge. The bright yellow bikes can now be seen all over the city, and some have made it out as far as Milton. About half of Milton is within the Ofo Cambridge zone (see map).

Within that zone, you can locate your nearest bike using the Ofo app, hire it at a rate of 50p for 30 minutes, and simply lock it with the built-in lock to leave for the next user.



Recycling Bin Changes

SCDC have new recycling lorries which work in a different way, with knock-on effects on how they will collect your recyclable waste. Crews will now empty your blue bin and then refill it with your extra recycling and tip it again.

This means that, alongside your blue bin, they will collect **one transparent sack** with recycling (**glass in the bin** please) and one **bundle of cardboard** broken down to a size which would fit in the bin if there was space (please tape or tie together). Please don't leave cardboard out in the rain, as soggy cardboard gets stuck to other materials, making it hard to recycle.

If you always need to put out extra recycling, order an **extra blue bin** via the SCDC website.

It may not always be possible to collect additional recycling if there is a high volume on your collection round or if there are traffic delays which jeopardise the completion of bin collections.

Waste Incinerator Plans

Amey is proposing to construct a waste incinerator in Waterbeach as part of plans submitted to Cambridgeshire County Council to build a £200 million waste treatment facility at its existing 400 acre site.

The incinerator would process 250,000 tonnes of household and commercial waste each year, generating energy in the form of heat and electricity.

A planning application has been submitted to Cambridgeshire County Council's Planning Authority following a community consultation. It is expected that a decision will be made during 2018.

Banana Overload!

Milton Tesco ended up with hundreds of kilos of spare bananas after ordering them in bulk for the Cambridge



half-marathon at the start of March.

The supermarket put out an appeal on the Milton Community Facebook group for local charities and organisations to take the excess fruit. In the end, Milton Primary School, Cygnets, Emmaus, Jimmy's night shelter and Milton Country Park all benefitted.

Fiona Macmillan



Rose Ostler-Gee, age 11



Beth Wildman



Iman Ahmed



Stephanie Clarke



Mark Schnitzius



David May

Boo Newns



Rebecca Ostler

Emma Sparkes



Your Photos Could Be Here!

Photos taken in and around Milton always welcome — of places, people, events or just something that strikes you as beautiful. No lower or upper age limit!

Send them to mvv@milton.org.uk, and we'll include as many as we can.

College of West Anglia

Animals Meet Beast From The East!

As we all know the beginning of March brought quite a bit of snow, which provided lots of children and adults alike with hours of fun. And our animals here at CWA were also making the most of it! Pictured are two of our donkeys – Jeremy and Claud – in their winter coats to keep nice and warm, looking out and wondering whether the snow will make their breakfast come to them slower. Also pictured is one of our rheas, Brian, who looks confused as to what the white stuff is on the ground! A huge thank you and well done to all of our staff and students who managed to get in despite the weather. Photo credit to Philippa Kennington.



Animal Experiences and Open Days

Here at CWA we offer a wide range of different Animal Experiences for all ages, as well as multiple Open Mornings. These vary from children's parties, to animal keeper sessions, club activities for groups such as brownies, team building sessions, and we even host Fears and Phobias sessions for those who wish to overcome their worries with specific animals. We usually run these on Saturdays and Sundays, although we do run the occasional sessions during half-terms. To see availability, please see www.cwa.ac.uk/camshop for dates, or alternatively you can make enquiries by contacting Cambridge@cwa.ac.uk.



For 2018, during our Farmer Tom's events we have decided to open up our Companion Animal Centre to the public. These events allow visitors to get up close with our wide range of animals, and also gives the opportunity to feed some of them. Our Farmer Tom's Easter Special is on Sunday 8th April, and our Farmer Tom's Lambing Morning is on Saturday 12th May, where Verrecchia's ice cream van will also be in attendance. These will both run from 10am-1pm. Tickets are £4 per person, £3 in advance from the online store (under 3s and disabled carers free). Everyone is welcome and we look forward to seeing you!

EACH News

- East Anglia's Children's Hospices (EACH) are looking for volunteers to help out one day, or one half-day, a week with admin and general office duties. All volunteers are fully trained and supported by EACH staff – if you're interested in learning a bit more then please email Ellen Bing at ellen.bing@each.org.uk or 01223 204916.
- Thank you to all that volunteered and donated at EACH's latest Tesco collection in February. It raised a fantastic £461.66! All these funds will go towards the continued care and support of children with life-limiting conditions and their families across the region.

Milton WI

In February, Vanessa Mann came along and gave an interesting and thought-provoking talk on 'Postcard Tweets from the Edwardians'. Following our Annual Meeting in March, upcoming speakers will include Tracy Mackness talking about her life of crime to becoming a successful business woman with her own gourmet sausage company, Keyth Rooney on how to protect family wealth and Amanda Sutherland from being a costumier to running an accessories empire.

Our two darts teams have got off to a splendid start as they endeavour to get through to the finals. Other activities, including walking, lunches and games afternoons outside our usual monthly meetings, continue to be well supported. We also participate in our Federation's outings and activities which give us the opportunity to meet WI members from other institutes.

Meetings are on the third Tuesday of each month in the Church Hall and new members are welcome. Contact our President Gill Offley (01223 293231) or Secretary Bridget Crow (01223 441755) for further details, or just come along for a taster session.

Anne Newman

Milton MU

It is the 5th year that we have hosted "Lent Matters" and so far we have held 3 very successful lunches. The theme this year is "Women Meeting Jesus". Profits from the lunches will be sent to the "Make a Mother's Day Appeal" to help mothers worldwide move right to the heart of their families and communities.

A local project that Milton MU is supporting is the provision of a Mothers' Union Family Worker for families in Wisbech. This is a joint initiative between the Church in Ely and Mothers' Union. The aim is to provide support and companionship for families in this challenged and underprivileged part of our diocese.

Forthcoming events include two joint meetings with Waterbeach MU members in April and June. There is a meeting in May where members will be invited to share their thoughts as to how we might function in the next triennium. Diocesan meetings include a Quiet Day in Wisbech on 21st March, a Lady Day service in March on 9th April and the Spring Diocesan Day and Annual Meeting in March on 23rd April.

For more information on these meetings or the worldwide work of Mothers' Union please contact: jacques0701@gmail.com

Jackie Metcalfe

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Cygnets Pre-School

The Cygnets Milton Pre-School is a popular and well-established pre-school in Milton that provides exceptional care and early years education to children aged 2 to 4. We have the following sessions available:

- * Morning sessions from 9:05am to 12:35pm (with lunch) or 11:35am (without lunch).
- * All day sessions 9:05am-3:05pm
- * Afternoon sessions from 11:35am (with lunch) or 12:35pm (without lunch) to 3:05pm.

We also offer/take 30 Hours and Funded 2's children. Application forms are available on our website (www.cygnets.org.uk) or call on 01223 712286. From September 2018 we will be offering sessions to include lunch for 2 year olds and all-day sessions for children 2 years and 6 months old.

Calling All Babies!

Are you 1 year old or less? Tired of your own house and toys? Want to meet other like-minded babies? Then tell your adult to bring you to Milton baby group!



This is a friendly and informal group that meets 2-4pm every Wednesday in the hall of All Saints Church, Milton. Tea, biscuits and chat for the adults, lots of toys and space to play for the little ones (or if they just want to nap, that's fine too)! It's open to all children from 0 to 1 and their parents or carers, and there's no charge. Turn up at any time from 2pm. We promise a warm welcome.

Contact the All Saints Children and Families Worker, Christian Osborne, at children@allsaintsmilton.org.uk or 01223 441007 if you have any questions.

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London Marathon Fundraising for Two Great Causes

Three years ago, my uncle sadly passed away suddenly after contracting septicaemia. Meningitis and septicaemia are both forms of the same disease. Over 1000 people die every day due to meningitis and it is one of the most dangerous diseases in the Western world. On 22nd April, I will be running for *Meningitis Research Foundation*. The charity aims to spread awareness and bring vaccinations to less well-off areas around the globe, as well as finding treatments for the forms of the disease that remain without prevention or cure. Any donations www.justgiving.com/fundraising/cameron-garthwaite-wilson will be gratefully received

Cameron Wilson

Our son Paul (*right*) sadly passed away two years ago, aged 37. It's been a hard time for the family, and his younger brother David is running in April to raise money for *Action on Addiction* in Paul's memory. If you would like to donate to this charity (and help David reach his target), please contact me on 01223 560410 or visit David's fundraising page and read his personal reasons for taking on this challenge: uk.virginmoneygiving.com/davidbrooklyn



Ann Brooklyn

Shades of Winter

The leaves of winter falling helter skelter,
the trees of which provide no shelter.

The leaves of winter are like the old and wrinkled,
they have to fall for new sprout to sprinkle.

The leaves of winter remind us of the past road trodden,
they have to give way for new paths to be chosen.

The leaves of winter are like the stumbles of our mind,
they have to give way for new dreams to be kind

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Litter Pick

In February our Litter Pick was supported by many of our loyal pickers and four new volunteers. We collected rubbish from all over the village, with a total haul of around 25 bags.

New helpers Nixy (aged 6) and Joss Knight did an amazing job, with help from Anna B, extricating some really large items that had been dumped around the car park behind the doctor's surgery. Meanwhile Anna M and Francesco collected huge heavy bags of rubbish from the bund along the A10. Hazel tackled Ely Road towards the allotments and Pauline and Stan cleared the A14 slip road and under the Jane Coston Bridge. Thank you to everyone who helped. Please keep our village tidy - take your litter home and dispose of it responsibly.

The next Litter Pick will be 3rd June, 2pm at the Parish Office.

Red Cross Outing: Names

Brian Wilkin (whose mother Lilly saves a copy of Village View for him to read because he no longer lives in Milton) and Gillian Collins (née Easy) have put together a list of the people in the Red Cross Outing photo from Village View 131.



Back row (L-R): Maureen Smith, Andrew Archibald, Brian Wilkin, John Morris, Michael Wilkin, John Constable, Alistair Archibald, John Bevan, Ray Daniels, Joey Martin, Ivan Adams, Allan Willett.

Front row (L-R): David Zarwaski(?), Carol Peacock, Vivienne Ellis, Margaret Day (now Taylor), Elizabeth Moule, Gillian Stevens, Gillian Easy (now Collins), Anne Wilkin, Marlene Hall, Christine Hall, Linda Coulson.

Two in the photo have passed on. The rest are now in their early seventies. Five live locally and four are still in the village.

Jim Daniels

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White Horse

New at the White Horse: come and relax over a drink in our **stunning redecorated** pub! Now that Spring is almost here you can enjoy our well-appointed garden; the pub and garden are child-friendly, and we are very dog-friendly with nibbles and drinks for your best friend. We are the only pub in Milton with a pool table, and we also have bar billiards and darts.

We have a quiet area where we can accommodate parties of up to 25. and we take small to large bookings for buffets for all occasions. We serve food noon-2:30pm & 5:30-8:30pm, Monday to Saturday, and noon-8:30pm on Sundays. Enjoy our famous lunchtime Sunday roasts or something from our Specials Board or Adam's famous Thais and Pies.

We have Karaoke on the first Friday of each month, and a free-to-play Quiz Night every Thursday from 9pm. Keep a close watch on Facebook for our latest events. We have **monthly live music**: 30th March: Jack; 6th April: Karaoke; 25th May: Split Whiskers. A date for your diary is our **Summer Garden Party** on the 7th July: book your stall early!

Ava, Alan, Adam, Gemma, Nikki, Tegan, Gary, Lee, Dan, Summer and Laura.

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Waggon & Horses

Tel: 01223 570471

www.facebook.com/waggonandhorsesmilton

From our 5★ food-hygiene-rated kitchen, we now offer a Brunch Menu from 10:30am which includes our new *full breakfast*. Our Lunch Menu is from noon. We also have our Sunday Carvery that is available 12-4pm with a choice of 1-3 courses from £9.95. We are adjusting our hours for our Coffee & Cake mornings: Thursday to Saturday we will be opening from 9am, available until 11am.

*We are hosting a **beer festival** the weekend of the 18th May to launch our new garden!*

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Jolly Brewers

Tel: 01223 863895
www.jollybrewersmilton.co.uk

From April, Steve and Bridget will be the **new management team** in The Jolly Brewers. Just to introduce ourselves, between us we have vast experience within the Hospitality and Marketing Industry, which includes: Restaurant, Events and Conference Catering. We have always lived in the Cambridgeshire area and have two sons. We plan to make The Jolly Brewers a place where everyone is welcome and made to feel valued as a customer."

"We think it is important to listen to our customers. We will cater for all tastes, with fresh local produce combined with the warmth of homemade, imaginative cooking. Our restaurant will re-open with the new menu mid-April.

Our plans include: Working with the local community, fundraising days/evenings, Race nights, Casino nights hosting and catering for local groups, afternoon teas, cocktails, through to buffet lunches and private functions. We will be offering gift vouchers for that perfect present for friends and family. We have also had the B & B rooms refurbished recently, so don't forget if you need extra accommodation please book directly with us.

We will be updating our website shortly and you will be able to contact us on Facebook and Twitter.

Date for your diary: Friday 25th May: **Party Night for our 6th Birthday**

We look forward to welcoming you to the Jolly Brewers and being part of our family.

Steve and Bridget

Lion and Lamb

Tel: 01223 860202
www.lion-lamb.co.uk

Spring is in the air and our fabulous patio and play area are open daily from 10am. Enjoy an alfresco breakfast or a fresh Barista coffee and relax while the children let their imaginations run wild in the fabulous Pirates Lagoon! Our Bouncy Castle will be out at weekends as well as weekdays during school holidays – providing the weather is suitable!

Easter is just around the corner and if you haven't already made a reservation for lunch book now! We serve meals on Good Friday and Saturday from noon-9:30pm and from noon -6pm on Easter Sunday & Bank Holiday Monday. We will have treats available to our younger guests on Easter Sunday.

Lion & Lamb **7th Annual Beer & Cider Festival** - 24th May to Bank Holiday Monday 28th May. A fantastic celebration of real ales and ciders, now in our 7th year! Over 40 ales and ciders in the beer tent in the garden with pub food available all weekend and a hog roast too! We have live entertainment on Friday evening from SoEighties, the amazing The Indietones on Saturday, and Soul & Funk on Sunday evening.

Evening meal offers continue with 2 for £18 Pies Monday & Tuesday, 2 for £20 Fish & Chips Thursday and Friday Wine & Dine nights! Our seasonal menu and specials board offering delicious and healthy dishes is going down a storm – do come and enjoy for yourself!

Other Forthcoming events...

Psychic Suppers - 25th April, 30th May & 27th June: one-to-one readings including dinner

Father's Day Lunch - 17th June – 12-7pm.

Ladies Day at Newmarket – 12th July - Tickets for our fantastic day at Newmarket Races are on sale now!

Keep an eye out on the pub blackboards for our GIN & FIZZ FESTIVAL coming in August!

Lawrence & Sally



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Sunday services

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10.30am Morning Worship with Children's Groups

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6.30pm Evening Prayer

Said service with short reflection

Midweek groups & events

Little Rainbows Toddler Group, Parents & Under 1s, Lunch Club, Mothers' Union, Stitchers' Club, Reading Group ...

For full details of all these and more please visit:

allsaintsmilton.org.uk

Wildlife Notes

Hopefully by the time you read this, spring will be here. A word of warning however; a day or so after the snow at the beginning of March, I noticed blackthorn just coming into flower in various places around Milton. My Father's folklore would warn that means we are still due another cold spell; a 'blackthorn winter' could still come and shock us. However I note these buds are at least a week or two later than my records for the last couple of years, so it's entirely possible I'd just not spotted it trying to come into flower in mid-February and then stalling for the late February/early March 'blackthorn winter'?

I heard a woodpecker drumming as long ago as late January, so it's not just the increase in the general early morning birdsong I mentioned last issue which had been giving me false hopes of spring before that cold snap. I saw a couple of redwings near the river in early February. A colleague who lives over the river in Barnwell reported that during the snow, she had a large flock of fieldfares in her garden. They were busy eating the berries off the bush that the blackbirds leave until they're desperate; unlike the pyracanthas I see daily in Milton, all of which had been stripped of berries before Christmas.

I've definitely heard the yellowhammer several times down on the Fen Road, near the railway. Whether the verges, ditches, and fairly wide unmowed stretch along the railway is sufficient to support a yellowhammer family I don't know, as the agriculture on Milton Fen doesn't really seem like yellowhammer territory as they are seed eaters.

I've not yet had a hedgehog visit the feeding station in the garden, although someone else in the village reported a couple of visits recorded by a camera around February 20th. Hedgehogs can come out of hibernation if something disturbs them or temperatures are mild, and then go back in if they realise it's not spring, although this can be deleterious if they find no food while awake, as they burn precious body fat. Even though I've had no sightings yet, I am trying to remember to check there's food in my feeder.

Heather Coleman

STOP PRESS! A report of two hedgehogs fighting at the feeding station last night! (spring must have almost sprung)



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Milton Bowls Green

Did you know that there is a bowls green in Milton: at Coles Road? Would you like to give the game a try?



The green is open to all from May to September. If you would like to have a go please phone me on 07952 536477 or email secretary@mobic.org.uk to arrange a convenient time. Alternatively just turn up at the green on Wednesday afternoons at 2pm when a few members of the Outdoor Bowls Club play a friendly game.

Although we are keen to welcome new members to the Club there will be no commitment to join. We can provide bowls. You will need to wear flat bottomed shoes.

Jim Daniels, Secretary, Milton Outdoor Bowls Club, www.mobic.org.uk

Girls Football Sessions

Football training for all girls aged 4-11 (Primary School years) started in March. Join Milton Colts/Milton Ladies Youth Wildcats Centre. New and current players are all invited to sessions after Easter, details of which will be confirmed. To sign your daughter up please send her name, age and if she has played before to birgitmeldal@gmail.com.

Volunteers are still needed to help with these sessions so if you are 14+ and can help please email Birgit.

Birgit Meldal

Tennis Club

The start of the 2018 tennis season is almost here: our first club night is 4th April from 6pm. On 8th April we have our first intra-club tournament - the Dant Cup. Registration from 10:30am, £3 per player. For more information contact Sue at sueeliza@outlook.com.

For further information visit our web page: www.miltontennisclub.co.uk

Sue Griffin, MTC Secretary

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New Colts Cricket Club

Milton Cricket Club have announced a summer programme for young people. All Stars Cricket provides boys and girls from 5-8 years old with 8 weeks of non-stop fun. The activity- and game-based programme is suitable for all skill levels, providing any child with the foundations to begin a lifelong love of physical activity and cricket, while making friends in a safe and enjoyable environment. You can book today for £40 at tinyurl.com/milton-allstars. Jack Drain is the activator of the programme and be contacted on 01223 441997 or cricketclubmilton@gmail.com. Contact Jack for more information.



Yoga Classes at Milton Community Centre

Early morning sessions on 6-weekly rolling basis. Ideal for those who would like to learn about yoga from scratch and those who would like to find a regular practice time to fit around a busy lifestyle. Yoga is often practiced in the early morning and is a great start to the day. Classes will be part taught and part led to allow for a start to the day that meets the needs of students attending. Each six week block will include the following:

Introduction to and practice of Classic Yoga Standing Sequence

Postural awareness - Core awareness - Breath awareness

Awareness of planes of movement through the body

Nervous system and parasympathetic nervous system

Awareness of habitual patterns of movement and how to work with that

Relationship to gravity - Meditation - Introduction to the philosophy

If you would like to join please email strongsupplesound@gmail.com. You will then receive details to make payment and an enrolment form, with a brief questionnaire concerning physical activity readiness. If you prefer to inquire by phone please call or text 07855618414. Cost for the 6 weeks is £50.

Further details about me are at juliedaviesyoga.net

Julie Davies



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Nordic Walking in Milton Country Park

Ten people met in Milton Country Park on March 10th/11th for a crash course in Nordic Walking. The "Learn to Nordic walk in a weekend" course was led by instructor Mary Tweed from Nordic Walking East Anglia.

Mary led a group of mixed ages and abilities through the internationally recognised 10 step technique of British Nordic Walking. The benefits

of this technique include reduced neck and shoulder tension, and also reduced impact through the joints in the lower half of the body. This makes it suitable for almost anyone of any fitness level.

The next course in Milton Country Park is 28th & 29th April and will cost £45. I recommend both Nordic Walking and this course, especially if running is not for you. I have never enjoyed walking so much. For more information on Nordic Walking and to book on the next course visit www.nordicwalkingeastanglia.co.uk.

Liz Cook



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